

PROCLAMATION

WHEREAS, Mental Health Awareness Month has been observed since 1949 to raise awareness of mental health conditions and the importance of mental health; and

WHEREAS, Nearly 58 million American adults, more than one in five, live with a mental illness; and

WHEREAS, Nearly 1 in 3 youth with major depression do not receive any mental health treatment, even in states with the greatest access; and

WHEREAS, Colorado ranks 37th out of 51 states with a higher prevalence of mental health issues and lower rates of access to care for adults and youth; and

WHEREAS, In 2021, 42% of high school students experienced persistent feelings of sadness or hopelessness with 18% of students making a suicide plan and 10% attempting suicide; and

WHEREAS, Cost-effective and beneficial mental health systems of care must be expanded to meet the varying levels of care needed by the people being served; and

WHEREAS, Reduction of stigma, broad outreach and effective prevention efforts of mental health conditions and substance use disorders help improve lives, and

WHEREAS, Access to necessary medication, appropriate treatment, and responsive peer support helps prevent individuals from ending up in emergency rooms and jails; and


WHEREAS, People with lived experience of mental illness and/or substance use disorders get better, live in recovery, and provide invaluable knowledge of how to improve and transform systems of care and offer support to others struggling with mental illness and substance use.

THEREFORE, The Town of Timnath Town Council proclaims May 2023 as

MENTAL HEALTH AWARENESS MONTH

IN WITNESS WHEREOF, I have hereunto set my hand and the seal of the Town of Timnath this 9th day of May 2023.

ATTEST:


Milissa Peters-Garcia, CMC
Town Clerk



Marko Soukup, Mayor



The seal is circular with a double-line border. The outer ring contains the text "TOWN OF TIMNATH" at the top and "COLORADO" at the bottom. In the center, the word "SEAL" is written in a bold, serif font.