

**TOWN OF TIMNATH, COLORADO  
RESOLUTION NO. 20, SERIES 2019**

**A RESOLUTION PROCLAIMING MAY 2019 AS  
MENTAL HEALTH AWARENESS MONTH**

**WHEREAS**, the Town Council of the Town of Timnath (“Town”) pursuant to C.R.S. § 31-15-103, has the power to pass resolutions; and

**WHEREAS**, Mental Health Month has been observed since 1949 to raise awareness of mental health conditions and the importance of mental health; and

**WHEREAS**, we are all affected by mental health, and one in four Coloradoans experience mental health conditions or substance use disorders, or both, each year; and

**WHEREAS**, the stigma against mental health conditions remains one of the greatest barriers to improving the lives of all Coloradoans through better mental health; and

**WHEREAS**, mental health systems of care must be designed to meet the needs of the people being served; and

**WHEREAS**, 50% of all people with mental health conditions experience them by age 14, and 74% by age 24; and

**WHEREAS**, trusting and respectful relationships are the basis for successful treatment engagement and recovery; and

**WHEREAS**, increased focus on the prevention of mental health conditions and substance use disorders among children and adolescents through screening and early intervention helps improve lives; and

**WHEREAS**, comprehensive, community-based services that respond to individuals with mental health needs are cost-effective and beneficial to consumers and our community; and

**WHEREAS**, access to necessary medication and appropriate treatment helps prevent individuals from ending up in emergency rooms and jails; and

**WHEREAS**, people with life experience of mental illness and/or substance use disorders get better, live in recovery, and provide invaluable knowledge of how to improve and transform systems of care; and

**WHEREAS**, it costs 7 times more to incarcerate someone with mental health issues than to treat them in the community; and

**WHEREAS**, there is a strong and growing body of evidence that supports the cost effectiveness and benefits to communities that have successfully implemented continuums of mental health care.

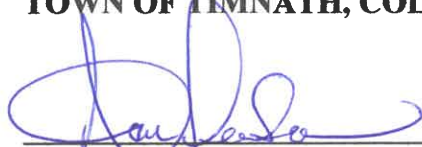
**NOW, THEREFORE, BE IT RESOLVED BY THE TOWN COUNCIL OF THE TOWN OF TIMNATH, COLORADO AS FOLLOW:**

**Section 1. Approval**

Timnath Town Council hereby proclaims May 2019 as **Mental Health Awareness Month** in Timnath, Colorado. The Town Council also calls upon the citizens, government agencies, public and private institutions, businesses and school districts to reaffirm our commitment to improving the overall health and well-being of our community; to increasing awareness and understanding of mental health, substance use disorders and co-occurring disorders; and the need for appropriate and accessible treatment and care for all people who have experienced these illnesses.

**INTRODUCED, MOVED, AND ADOPTED BY THE TOWN COUNCIL OF THE TOWN OF TIMNATH, ON APRIL 9, 2019.**


**TOWN OF TIMNATH, COLORADO**



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Aaron Pearson, Mayor Pro Tem

**ATTEST:**



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Milissa Peters-Garcia, CMC  
Town Clerk

